

Diploma in Foot and Ankle Surgery 2025

Online Course starts October 2025



TERM 1: Core Principles & Forefoot/Midfoot Pathology

October 7 – December 16, 2025 (Midterm break 4 November)

Date	Topic
7 Oct 2025	Anatomy of the Foot and Ankle: Defining the Ankle, Hindfoot, Midfoot, and Forefoot
14 Oct 2025	Biomechanics and Gait, Crutches and Canes!
21 Oct 2025	Radiology of the Foot and Ankle, Radiographs, MRI, CT, Ultrasound
28 Oct 2025	Hallux Valgus: Evaluation and Surgical Techniques
4 Nov 2025	Midterm Break – No Session
11 Nov 2025	Arthritis of the Great Toe: Cheilectomy, Arthroplasty, or Arthrodesis?
18 Nov 2025	Lesser Toe Deformities: Hammertoe/Clawtoe/Mallet Toe/Crossover Toe: So Many Deformities in So Little Structures
25 Nov 2025	Other Problems of the Forefoot: Morton's Neuroma, Freiberg's Infraction, Stress Fractures, Bunionette, and Metatarsalgia
2 Dec 2025	Sports Injuries of the Forefoot: From Turf Toe through Sesamoid Disorders and 5 th Ray Injury
9 Dec 2025	Pathology of the Midfoot: Arthritis, Collapse, and Lisfranc Injuries
16 Dec 2025	Case-Based Review: Issues of the Forefoot and Midfoot

TERM 2: Hindfoot & Soft Tissue Disorders

January 6 – March 10, 2026

Date	Topic
6 Jan 2026	Progressive Collapsing Foot Deformity and Adult Acquired Flatfoot: Making Sense of the Current Alphabet Soup
13 Jan 2026	The Cavovarus Foot: Tendon Transfers, Osteotomy, and Arthrodesis
20 Jan 2026	The Navicular: The Nutcracker Effect Creating Stress Fractures, Nonunion, and Arthritis
27 Jan 2026	Non-Diabetic Neuropathy of the Foot and Ankle: From Compressive Disorders to Drop Foot to CRPS
3 Feb 2026	The Dreaded Heel Pain: Plantar Fasciitis and Calcaneal Stress Fractures
10 Feb 2026	Peroneal Tendon Disorders: From Simple Ruptures to Tendon Dislocation
17 Feb 2026	Achilles Tendon Disorders: Rupture, Insertional & Chronic Tendinopathy
24 Feb 2026	Pediatric Foot and Ankle Conditions: Tarsal Coalition to Clubfoot, What Are the Consequences?
3 Mar 2026	Foot & Ankle PROMs: Outcome Measurement and Evidence Integration
10 Mar 2026	Case-Based Panel: Midfoot and Hindfoot Reconstruction

TERM 3: Trauma, Sports Injuries & Ankle Reconstruction

April 21 – June 23, 2026

Date	Topic
21 Apr 2026	Arthroscopy in Foot and Ankle Surgery: Indications and Techniques (Bonus: Osteochondral Lesions of the Talus!)
28 Apr 2026	Ankle Ligament Instability, Lateral, Medial, AND Syndesmosis! From Conservative Treatment to Anatomic and Non-Anatomic Repair Techniques
5 May 2026	Ankle and Hindfoot Trauma: Pilon/Ankle Fractures, Calcaneal and Talus Fractures
12 May 2026	Arthritis of the Hindfoot: Hindfoot Arthrodesis, From Simple to Complex
19 May 2026	Arthritis of the Ankle: Distraction, Osteotomy, Arthrodesis, or Arthroplasty! How Does One Decide?
26 May 2026	Systemic Conditions I: The Rheumatoid Foot and Ankle
2 Jun 2026	Systemic Conditions II: The Diabetic Foot/Ankle: From Neuropathy to Charcot Collapse
9 Jun 2026	From Orthotics to Prostheses: Balancing the Foot/Amputation Levels and Consequences
16 Jun 2026	Future Innovations: Navigation, Robotics & Biologics
23 Jun 2026	Final Diploma Examination & Course Wrap-Up