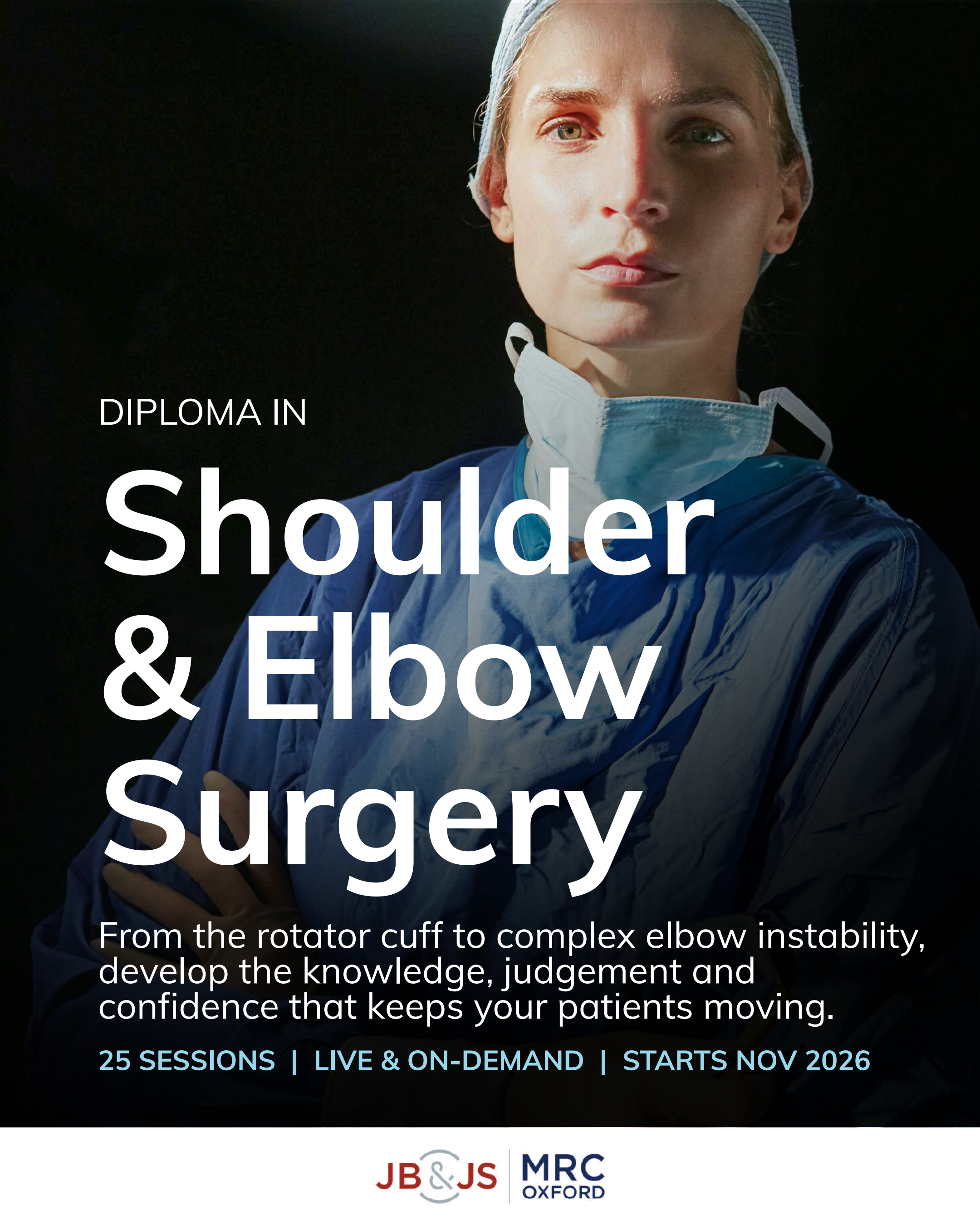




DIPLOMA IN

Shoulder & Elbow Surgery

From the rotator cuff to complex elbow instability, develop the knowledge, judgement and confidence that keeps your patients moving.

25 SESSIONS | LIVE & ON-DEMAND | STARTS NOV 2026

Overview

1

CERTIFICATE

Successful delegates receive the JBJS MRC Oxford Diploma in Shoulder & Elbow Surgery.

25

LIVE LECTURES

Weekly lectures and Q&A on Zoom with world-class faculty, with every session recorded and available on-demand.

125

ONLINE MCQs

Weekly set of five formative MCQs to consolidate learning and real-world clinical application

Introduction

The JBJS MRC Oxford Diploma in Shoulder & Elbow Surgery course comprises 25 live, expert-led sessions from November 2026 through May 2027, spanning the full spectrum of shoulder and elbow surgery.

The curriculum covers rotator cuff tears, shoulder instability, arthritis, anatomic and reverse arthroplasty, stiffness, and shoulder girdle trauma, as well as elbow anatomy, biomechanics and arthroscopy, epicondylopathy, distal biceps and the throwing elbow, instability and fracture-dislocation, arthritis, and arthroplasty.

Teaching is delivered by internationally recognised orthopaedic surgeons through live online seminars, interactive case discussions and examination-focused learning.



Overview

Who is it for?

- Senior Orthopaedic Residents and Registrars
- Fellows in Shoulder & Elbow, Upper Limb or Trauma Surgery
- Newly appointed Consultants
- Surgeons preparing for FRCS (Tr & Orth), EBOT or Board Certification examinations

Format & Schedule

- First cohort starts November 2026
- 25 live sessions across 5 modules
- Live, hour-long sessions held on Zoom
- Tuesdays at 8:00pm (UK Time)
- Recordings and MCQs available to review online within 48 hours of the live session
- Content available on-demand for one year

SHOULDER & ELBOW SURGERY

Learning Outcomes

- Assess and manage rotator cuff pathology
- Treat shoulder instability, quantifying glenoid and humeral bone loss and applying the glenoid-track concept to choose arthroscopic stabilisation, Latarjet or bone-block procedures.
- Plan anatomic and reverse arthroplasty and manage periprosthetic fracture and infection.
- Manage shoulder girdle injuries from nonoperative care to reconstruction.
- Diagnose and manage elbow disorders: instability and fracture-dislocation, the throwing elbow and UCL injury, epicondylopathy, stiffness, arthritis and arthroplasty.
- Prepare for fellowship and board exams (FRCS Tr & Orth, EBOT) through case-based teaching.

Curriculum

MODULES 1 & 2

MODULE 1

Soft Tissue & Rotator Cuff

17 Nov	Shoulder Anatomy, Biomechanics, Examination and Imaging
24 Nov	Rotator Cuff Disease: Natural History, Partial and Full-Thickness Tears
1 Dec	Massive and Irreparable Rotator Cuff Tears
8 Dec	Calcific Tendinitis, Subacromial Pain Syndrome and AC Joint Pathology
15 Dec	Long Head of Biceps: Tenotomy versus Tenodesis

MODULE 2

Instability & Throwing Shoulder

5 Jan	Anterior Shoulder Instability and Bone Loss Assessment
12 Jan	Latarjet, Bone Block and Glenoid Reconstruction
19 Jan	Posterior and Multidirectional Instability
26 Jan	SLAP, Proximal Biceps and the Throwing Shoulder
2 Feb	Scapular Dyskinesis, SICK Scapula and Return to Play

Curriculum

MODULES 3 & 4

MODULE 3

Arthritis, Arthroplasty & Stiffness

9 Feb	Glenohumeral OA, Cuff Tear Arthropathy and the Inflammatory Shoulder
16 Feb	Anatomic Total Shoulder Arthroplasty: Planning, Technique and Outcomes
23 Feb	Reverse Total Shoulder Arthroplasty: Biomechanics, Technique, Expanding Indications
2 Mar	Periprosthetic Fracture, Infection and Revision Shoulder Arthroplasty
9 Mar	Adhesive Capsulitis and Post-Surgical Stiffness

MODULE 4

Trauma

16 Mar	Proximal Humerus Fractures: Nonoperative to ORIF
23 Mar	Reverse and Hemiarthroplasty for Trauma and Fracture Sequelae
30 Mar	Clavicle and Scapula Fractures
6 Apr	Acromioclavicular and Sternoclavicular Joint Injuries
13 Apr	Brachial Plexus Injury and Failed Trauma Reconstruction

Curriculum

MODULE 5 & FINAL PAPER

MODULE 5

Elbow Surgery

20 Apr	Elbow Anatomy, Biomechanics, Examination, Imaging and Arthroscopy
27 Apr	Lateral and Medial Epicondylopathy, Distal Biceps and Distal Triceps
4 May	The Athlete's Elbow: UCL Injury and Reconstruction
11 May	Elbow Instability: Simple, Complex, Terrible Triad and Fracture-Dislocations
18 May	Distal Humerus, Radial Head, Olecranon, Elbow Stiffness, Arthritis and Arthroplasty

SHOULDER & ELBOW SURGERY CERTIFICATE

Final Assessment & Certificate

25 May 2027	Summative single-best-answer paper (online) Questions cover the full Shoulder & Elbow curriculum.
June 2027 (date tbc)	Three 1,500-word essays. Topics will be assigned in May 2027.
June 2027 (date tbc)	Certificate of Completion: JBJS MRC Oxford Diploma in Shoulder & Elbow Surgery Awarded to delegates who have successfully met all completion criteria.



**View the full curriculum,
faculty list and course fees
on our website**

millerfrcsorthopaedicrevisioncourse.co.uk